

UW Medicine

UW SCHOOL
OF MEDICINE

WOMEN'S HEALTHCARE UPDATE



Thursday & Friday

March 17-18, 2022

Hybrid Option | In-Person or Online Webinar

Sponsored by UW School of Medicine, Dept. of Obstetrics & Gynecology
Office of Continuing Medical Education

TARGET AUDIENCE

Physicians, residents, fellows, hospitalists, and community based physicians and providers, all who practice in the area of primary health care for women would benefit from participating in this educational offering.

COURSE DESCRIPTION

This conference is an annual update for women's health care providers on current topics relevant to women's health. The topics are selected using suggestions from previous course attendees, areas with substantial change, and controversial subjects where medical opinions may differ. The purpose is to provide a clinical update for providers who care for women in an outpatient setting.

COURSE OBJECTIVES

Upon completion of this activity, attendees should be able to provide the following for women:

- Evaluation for secondary amenorrhea.
- Provide secondary stroke prevention.
- Evaluate pelvic organ prolapse.
- Initiate treatment for peripartum mood disorders.

Continuing Medical Education at the University of Washington is a self-sustaining unit and does not depend on or receive public monies in support of its educational efforts. The course fees are estimated to cover transcript of AMA PRA Category 1 Credits™, access to online instruction materials, course logistics, faculty planning and salaries.

If you have not received confirmation prior to the course start, please contact the CME office at cme@uw.edu. Continuing Medical Education will not be responsible for expenses incurred by an individual who is not confirmed.

COVID -19 SAFETY MEASURES

Following CDC guidance for physical distancing, in-person attendance capacity will be reduced. For those preferring to attend in-person, early registration is recommended. In order to ensure the health and safety of the University campus community and the public, masks are required to be worn, regardless of vaccination status. Proof of vaccination (CDC official card) is required to attend the event in-person.

ACCREDITATION

Accreditation with Commendation

The University of Washington School of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Credit Designation

The University of Washington School of Medicine designates this live activity for a maximum of 15.5 AMA PRA Category 1

Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



FEES AND REGISTRATION

COURSE FEES		
	In-Person	Virtual
All Degrees	\$400	\$350
*Resident/Fellow/Student	\$150	\$100

**Resident/Fellow rate requires written confirmation of current status. Failure to provide required documentation may result in an additional balance owed.*



ONLINE CONFERENCE MATERIALS

Instruction materials will be available online at uwcme.org (for conference registrants only) beginning **March 10, 2022**. Content will be recorded and available to attendees for educational purposes. Attendees will be notified when recordings are available, approximately 4-6 weeks after course completion. CME credit is available only for attending the live activity; no credit is available for watching the recorded lectures.

CANCELLATION AND REFUND POLICY

The Office of Continuing Medical Education must receive written notification of your cancellation by **March 1, 2022**. A \$75.00 processing fee will be deducted from refund requests received by this date. No refunds will be issued following **March 1, 2022**.

The Office of Continuing Medical Education (CME) reserves the right to transition cancel this course twenty (20) days prior to the course date when a minimum enrollment is not met or for other reasons that prevent the University from holding the course. Each registrant will be notified by written notification and a full refund. CME retains the right to transition to online/virtual learning should the health and safety of our faculty and attendees warrant it. The University of Washington is not responsible for any other costs incurred. Contact the CME Office with questions via email: cme@uw.edu.

SYSTEM REQUIREMENTS FOR VIRTUAL LEARNING

For those participating virtually, please ensure you have the appropriate system requirements to participate in the webinar. More information about the recommended technical requirements is below. No refunds will be available for technical issues not controlled by UW CME. Reliable internet access is necessary. It is strongly recommended that you test your Zoom connection prior to this activity.

Minimum browser requirements for successful access and completion of this activity are as follows:

- Chrome version 70.0 or newer, or Firefox version 63.0 or newer.
- Internet Explorer and Safari **are not recommended** with the UW CME website.
- **You may use any browser to view the Zoom webinar.**

SPECIAL SERVICES

The University of Washington reaffirms its policy of equal opportunity regardless of race, color, creed, religion, national origin, sex, sexual orientation, age, marital status, disability, or status as a disabled veteran or Vietnam era veteran in accordance with University policy and applicable federal and state statutes and regulations. The University of Washington is committed to providing access and reasonable accommodation in its services, programs, activities, education and employment for individuals with disabilities. To request disability accommodation, contact the Disability Services Office at least ten (10) days prior to the start of the conference.

Disability Services Office

206.543.6450/Voice • 206.543.6452/TTY • 206.685.7264/Fax • e-mail: dso@uw.edu



Course Faculty

COURSE CHAIR

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FACULTY

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Breana Taylor, MD
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Thursday, March 17, 2022

- 7:50 Welcome Remarks & Course Intro
Alson Burke, MD
- 8:00 Contraception Updates
Jennifer Chin, MD
- 8:40 COVID Updates: What We Have Learned So Far
Alisa Kachikis, MD, MSC
- 9:20 Chronic Pelvic Pain & Endometriosis in Adolescents
Angela Hernandez, MD
-

10:00 Break

- 10:15 Systematic Approach for the Clinical Management of Secondary Amenorrhea
Christopher Herndon, MD
- 10:55 Fertility Preservation: The Next Frontier of Reproductive Choice
Julie Lamb, MD, FACOG
- 11:35 PCOS: Best Practice in Diagnosis and Management
Anne Judge, DNP, WHNP-BC
-

12:15 Lunch break

- 1:00 Breastfeeding: Supporting Initiation and Providing Medical Care During Lactation
Mary Lou Kopas, CNM, ARNP
- 1:40 Dealing with "The Density Letter"
Adelaide McClintock, MD
- 2:20 Understanding and Managing Obesity as a Chronic Disease
Laura Montour, MD
-

3:00 Break

- 3:15 Native Tissue Repair of Pelvic Organ Prolapse
Olivia Chang, MD, MPH
- 3:55 Substance Use Disorder in Pregnancy
Emily Fay, MD
- 4:35 Updates in Cervical Cancer Screening
Rebecca DeHority, MD
-

5:15 Adjourn

Friday, March 18, 2022

- 7:50 Welcome Remarks & Course Intro
Alson Burke, MD
- 8:00 Updates & Controversies in Prenatal Genetic Screening
R. Nicholas Burns, MD
- 8:40 Management of Peripartum Mood Disorders
Amritha Bhat, MD, MPH
- 9:20 Postpartum Pain Management
Carlos Delgado, MD
-

10:00 Break

- 10:15 Maximizing Vaginal Health for Sexual Wellness
Linda Mihalov, MD
- 10:55 Integrative Approach to Chronic Pelvic Pain
Iman Majd, MD, MS, LAc
- 11:35 Treatments of STI - Changes to Be Aware Of
Esther Fuchs, MD
-

12:15 Lunch break

- 1:00 Providing an Inclusive Approach for Gender Diverse Patients
Sarah Fadich, PAC
- 1:40 Overview of Gender Affirming Medication Management
Corrine Heinen, MD, FAAFP
- 2:20 Recent Advances in the Treatment of Vasomotor Symptoms
Susan Reed, MD, MPH, MS
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3:00 Break

- 3:15 Diagnosis and Management of Dementia
Barak Gaster, MD, FACP
- 3:55 Secondary Stroke Prevention
Breana Taylor, MD
- 4:35 Legislative Updates
Alson Burke, MD
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5:15 Adjourn